## **BEREA SEVENTH-DAY ADVENTIST CHURCH**

SABBATH APRIL 13, 2024

## Edsel Cadet, Pastor



108 SEAVER STREET \*\* DORCHESTER, MA 02121 www.bereaboston.org bereaboston@gmail.com

Elder Olga M. Gabriel – Superintendent

# **SABBATH SCHOOL SERVICE** 9:15 AM-10:45 AM

#### 2nd QUARTER - "The Great Controversy" Memory Verse - Isaiah 41:10

Theme: "Mighty Is The Love of Our Lord"

Welcome & Opening Remarks Elder Olga M. Gabriel

Opening Prayer Elder Olga M. Gabriel

Song Service Congregation

Opening Hymn Congregation

#335 "What A Wonderful Savior"

Intercessory Prayer Congregation

Scripture Reading Congregation

Mission Story Sis. Beverly brown

# LESSON STUDY REVIEW Lesson #2 "The Central Issue: LOVE or Selfishness"

Special Music Congregation

Closing Remarks Elder Olga M. Gabriel

PERSONAL MINISTRY SPOTLIGHT Elder Valrie Levy

MINISTRY	On Duty
ELDER	Hyacinth McLean Junior Bennett
CLERK	Janice Hazell
USHER	Annette Browne
DEACON	Timothy Juba
DEACONESS	Anne Thomas
HEALTH	Lorna Clunie

Berea Praise Team

Elder Brian Hall

Elder Horace Cooper

Sister Khalifa Alexander

Bianca & Friends

**Deseray Robinson** 

Berea Praise Team

Offertory

**Children's Story** 

**Special Music** 

**Scripture Reading** 

**Praise & Worship** 

Sermon / Appeal

**Benediction** 

Recessional

**Welcome / Pastoral Remarks** 

"John 5:1-3"

Elder Brian Hall

Offertory/Closing Hymn Elder Brian Hall

"This Is Your Time"

#330 "Take My Life And Let It Be"

Berea Praise Team

Elder Hyacinth McLean

\*\*\*Thank you for worshipping with us today! We were blessed by your presence, and we pray that you are spiritually filled and encouraged. Please wait upon the Ushers for instructions to quietly exit the Sanctuary.

# Church Announcements

#### **WELCOME:**

Christian Greetings! Pastor Edsel Cadet extends a "WARM WELCOME" to all our VISITORS & MEMBERS as we Celebrate The Sabbath.

#### **MEETINGS / EVENTS:**

- "Until You're Home", Sis. Kena Drumgo's Migrant and Unhoused Ministries, is
  collecting warm \*outerwear\*--coats, jackets, scarves, small to medium sized
  personal care items for men, women, children and babies, diapers, pull-ups,
  formula, blankets and carrying bags. Please see her with your donations and for
  more information. Thank you for all you're doing, Berea!
- Homecoming Choir, 1st rehearsal will be held TODAY, Sabbath, April 13 at 3:30pm. The Homecoming Choir is open to EVERYONE. Interested persons may sign up using this link <a href="https://forms.gle/HwJ2N3sqYEYDQQvn7">https://forms.gle/HwJ2N3sqYEYDQQvn7</a>
- Family Life Ministry Join us on the second Friday of every month for Berea Family Fireside Talks, fostering meaningful connections and engaging conversations. Expect compelling and uplifting discussions each month. Zoom meeting ID: 841 020 5077.
- SISTERS A nurturing space for women aged 25 and above to discover connections and solidarity among our sisters. A safe place where you can shed the facade we often wear and embrace your true self, free from criticism.
   Experience love and acceptance as we embark on this journey together. Every second Sabbath at 3pm in the Guest Center.
- Multi Media is at your service to assist with anything pertaining to Ministry
  Flyers, Videos, Announcements, etc. Please note requests are to be submitted at
  least 2 weeks in advance via email to <a href="mailto:bbmn@bereaboston.org">bbmn@bereaboston.org</a>
- We are re-launching Children's Church during Friends & Family Day next week April 20th! There is a program filled with fun Christ-centered activities for our Berea Kids, ages 0-12 years old! Meet us next week on the third floor (Youth Center) at 9am for a wild and free time in Christ! Invite a friend or two! See you there!

#### **Bulletin Announcements:**

Please email your announcements to <u>bereaclerk108@gmail.com</u> The deadline for announcements is **8pm on Tuesdays** for the current Sabbath.

#### HEALTH NUGGET

# "MINDFUL BREATHING"

MINDFUL BREATHING CAN SIGNIFICANTLY REDUCE STRESS AND ANXIETY BY ACTIVATING THE BODY'S RELAXATION RESPONSE. BY FOCUSING ON THE BREATH, INDIVIDUALS CAN CALM THEIR NERVOUS SYSTEM, LOWER BLOOD PRESSURE, AND IMPROVE OVERALL WELL-BEING. INCORPORATING MINDFUL BREATHING INTO DAILY ROUTINES CAN ENHANCE CONCENTRATION, BOOST MOOD, AND PROMOTE BETTER SLEEP.

#### How To:

INHALE THROUGH YOUR MOUTH, FOCUSING ON THE STOMACH/DIAPHRAGM AREA; INHALE FURTHER THROUGH THE MOUTH, FOCUSING ON THE CHEST AREA. FINALLY, FULLY EXHALE THROUGH YOUR MOUTH, WITH INTENTION. FINALLY NOTICE HOW YOUR BODY FEELS. REPEAT AS MANY TIMES AS NEEDED TO RELAX YOUR MIND AND BODY.

#### SUNSET BOSTON, MA

### **SICK & SHUT-IN MEMBERS**

Sister Francella Lawrence Sister Evelyn Blair

Sister Millicent Ashby Sister Inez Morris

Brother Hudson Ashby Sister Roselle Wint

Sister Sheila Jordan Sister Iris Huggins

Elder Barbara Defoe Sister Helen Nelson

Sister Darlene Wright Brother Anselm Libert

Sister Irene Toland Sister Velma Cousins

Brother Felix Rose Brother Johnny Mitchell

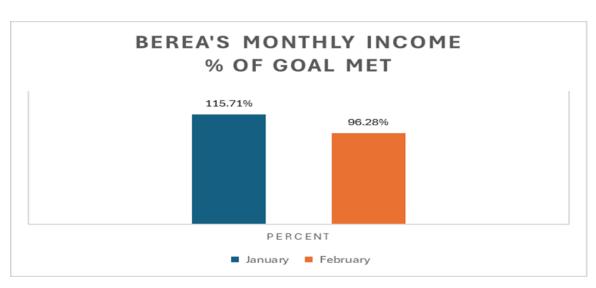
**Brother Christopher Billings** Sister Cynthia McKenzie

# Stewardship Thought

"Our Lord Jesus Christ was rich, yet for our sake He became poor, that we through His poverty might be rich. He bids all whom He has entrusted with temporal blessings to follow His example."

Please Contact US For: (Check All That Apply)  ☐ Baby Dedication ☐ Baptism ☐ Change of Address ☐ Home `☐ ☐ Phone Call ☐ Prayer	
Name	
Phone	
Email	
Street Address/Apt.	
City/State/Zip	

Please detach and submit to the Church Clerk or Usher.



Follow us @bereaboston









## **Berea Seventh-Day Adventist Church**

www.bereaboston.org

bereaboston@gmail.com

Edsel Cadet <u>pastorcadet@bereaboston.org</u>

Pastor 781.571.9348

Violet Juba <u>bereaclerk108@gmail.com</u>

Clerk 617.259.7778

Brian Hall <u>firstelder@berea.org</u>

1<sup>st</sup> Elder 617.306.7136

Mitchelle Jean-Baptiste

Treasurer

Treasury@bereaboston.org

Marlon DaCosta <u>marloncdc@gmail.com</u>

Head Deacon 617.938.9247

Ann Thomas <u>bereasdadeaconess@gmail.com</u>

Head Deaconess 617.447.9723

Carlton Williams <u>carltong36@yahoo.com</u>

Interest Coordinator 617.233.7318

Carlton Williams carltong36@yahoo.com

Bible Worker 617.233.7318

**Church Office Hours** 

Monday – Friday 9:00 AM to 1:00 PM

Church Office: 617.427.2500 voice 617.427.3822 fax

# Northeastern Academy – Boston Campus 800 Morton Street, Mattapan, MA 02126

www.bereasdaacademy.org 617.436.8301